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# VETERAN RESOURCES

- National Suicide Prevention Lifeline (800) 273-8255
  - National Center for PTSD <https://www.ptsd.va.gov/index.asp>
  - Vet Centers 1-877-927-8387
  - Veteran Information & Resources  
[www.MakeTheConnection.Net](http://www.MakeTheConnection.Net)
  - Talk to other Veterans Online at [www.RallyPoint.com](http://www.RallyPoint.com)
  - PTSD Self-Help and Treatment Apps  
<https://www.ptsd.va.gov/appvid/mobile/index.asp>
  - Free Consultation for Providers  
<https://www.ptsd.va.gov/professional/consult/index.asp>
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